

The name FOMENTEK™ is derived from a combination of two words: Fomentation-the use of heat to promote healing or relieve pain (a heating pad is a fomentation device), and Technology-the scientific method and material used to achieve an objective.



Large Warm FOMENTEK Bag for Hand Treatment

Aching hands or feet?

1. Slide the hands or feet into the end of the large Thermal Water Pillow and a pocket forms.
2. The thin Water Pillow material conforms to the smallest contour.
3. This treatment is as **effective as hot paraffin, providing penetrating heat without the mess.**
4. Can be used with essential oils

Easily filled

Warm use – 43 - 45°C - all you need is the hot water from the tap to fill the water pillow—stays therapeutically warm for up to 2 hours

Cold use - fill the bag from the cold water tap and place in the refrigerator until desired temperature is reached approx 12°C – do not freeze

Once you use your Thermal Water Pillow from Fomentek, you won't know how you got along without it!

The versatile Thermal Water Pillow from Fomentek



Therapeutic — Comfortable to lie on!

There are three sizes of the Thermal Water Pillow from Fomentek to choose from

Large 46cm x 61cm
Small 28cm x 46cm
Mini 28cm x 38cm

Order from

Perfect Scents Therapies—Ann George
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Perfect Scents Therapies



The Thermal Water Pillow from Fomentek

Helps to alleviate the symptoms of a variety of ailments (depending on the treatment) in warm or cold use

Natural as Water

- ◆ No Electromagnetic Fields
- ◆ Conforms to Bodily Curves
- ◆ Soothing and safe

The Thermal Water Pillow from Fomentek is one of the most useful, general purpose health products on the market

You will find so many different uses for your Thermal Water Pillows from Fomentek

Designed to conveniently apply comfortable, soothing heat to any part of the body

They can also be used as a cold therapy when cold application is indicated

They are so easy to use, effective, safe, comfortable to lie on, ideal for travel, lightweight and easy to store.

They conform nicely to bodily curves and comfortably cushion and soothe aches and pains on contact.

The Thermal Water Pillow from Fomentek is made of a double layer of space age polymer, which is as soft as flesh, yet strong enough to support the weight of over 180kgs.

Massage oils, cleaners and solvents will not harm the Water Pillow from Fomentek

This product is safe to fall asleep on because it gradually cools down during the night.

[Experience floating on water.....](#)

TYPICAL HEAT APPLICATIONS

- Back Pain
- Cervical Strains
- Muscle Aches and Pain
- Joint Stiffness and pain
- Fibromyalgia
- Warming hands and feet
- Relaxing and Relieving Stress
- Arthritis Pain
- TMJ
- Muscle Spasms
- Helping you get to sleep

TYPICAL COLD APPLICATIONS

- Headaches
- Muscle Sprains
- Muscle Strains
- Sore Joints
- Swelling
- Bursitis
- Tendonitis
- Sunburn
- Fever Control
- Bruises

An important physiological effect of applying heat to painful areas of the body is the reduction of pain by interference with pain transfer mechanisms.



FOMENTEK Cold or Warm Wraps for Ankles, Shoulders, Knees etc.



Easy to Carry



Lumbar Air Support For Auto or Air Travel



Abdominal Water Support for Pregnancy